



MONMOUTH COUNTY REGIONAL HEALTH COMMISSION NO.1



WHAT VIRUS IS IT?

RSV, FLU, and COVID-19 typically can get confused with one another. It's important to recognise that even though the symptoms may be similar, each virus is different.

SYMPTOMS	RSV	FLU	COVID-19
RUNNY/ STUFFY NOSE	COMMON	SOMETIMES	NOT COMMON
SNEEZING	COMMON	RARE	NOT COMMON
SORE THROAT	COMMON	COMMON	COMMON
FEVER	COMMON	COMMON	COMMON
HEADACHES	RARE	COMMON	SOMETIMES
BODY ACHES	RARE	COMMON	SOMETIMES
FATIGUE	SOMETIMES	COMMON	SOMETIMES
COUGH	COMMON	COMMON	COMMON
TROUBLE BREATHING	COMMON	NOT COMMON	SOMETIMES
DIARRHEA	RARE	SOMETIMES	SOMETIMES

THE BEST WAY TO PROTECT YOURSELF IS TO GET THE FLU AND COVID-19 VACCINE
 CALL FOR APPOINTMENT: (732) 493-9520 X 103